



STEPHANIE YOUNG

Health Director

More Magazine

Stephanie Young became the Health Director of *More* magazine in June 2004. Prior to joining **More**, she was the Fitness Director for *Self* Magazine and has also held senior health editor positions at *Redbook* and *Glamour*.

For her health editing, she has won Excellence In Media Awards from the American Academy of Dermatology (2000), The Skin Cancer Foundation (1999 and 2001) and the Endometriosis Association (2001). She was also a finalist in the 2002 National Magazine Editors Awards.

She is the coauthor of *Smart Face: A Dermatologist's Guide to Saving Your Money and Your Skin* (Prentice Hall, 1988) and *Love Cycles: The Science of Intimacy* (Villard Books, 1991). From 1993 to 2003, she served as the Medical and Scientific Affairs Chair for the Greater New York/Susan G. Komen Breast Cancer Foundation.

Young has a degree in English and Biology from Stanford University. She lives in New York City with her husband and two children.